

June Presentations



O5. Creative environmentally related educational Activities on/associated with the Green Way

Partner Intentions

These actions will be reported by September.

FI:

Who: general public - organised by Sastamalan Opisto.

What: focuses on specific flora and fauna typical for the area and it supports local heritage

When: 28.8.2021

RO:

Who: Local Community groups, Tourist visitors

What: public event and privately organised group

When: Spring/Summer/Autumn

IT:

Who: as many people as possible

What: promote cultural heritage and raise environmental awareness

When: March to October. It will be a multiple activity.

LT:

Who: The invitation will be public.

What: The Oak Grove bathing

When: late August, single activity.

UK:

Who: Residents & visitors

What: landscape features used to create human control of environment, surviving natural features

When: 2nd July, in August, & ?Musical perambulation September

PL:

Who

What

When



“What” should always include a social element. This strengthens community & allows informal reflection & for facilitators, serendipitous evaluation.



Elemental Action

Fire, rock, water (ice), Trees

Physical presence





PROJECT “GREEN BRIDGES”

KAUNAS COUNTY PUBLIC LIBRARY
LITHUANIA

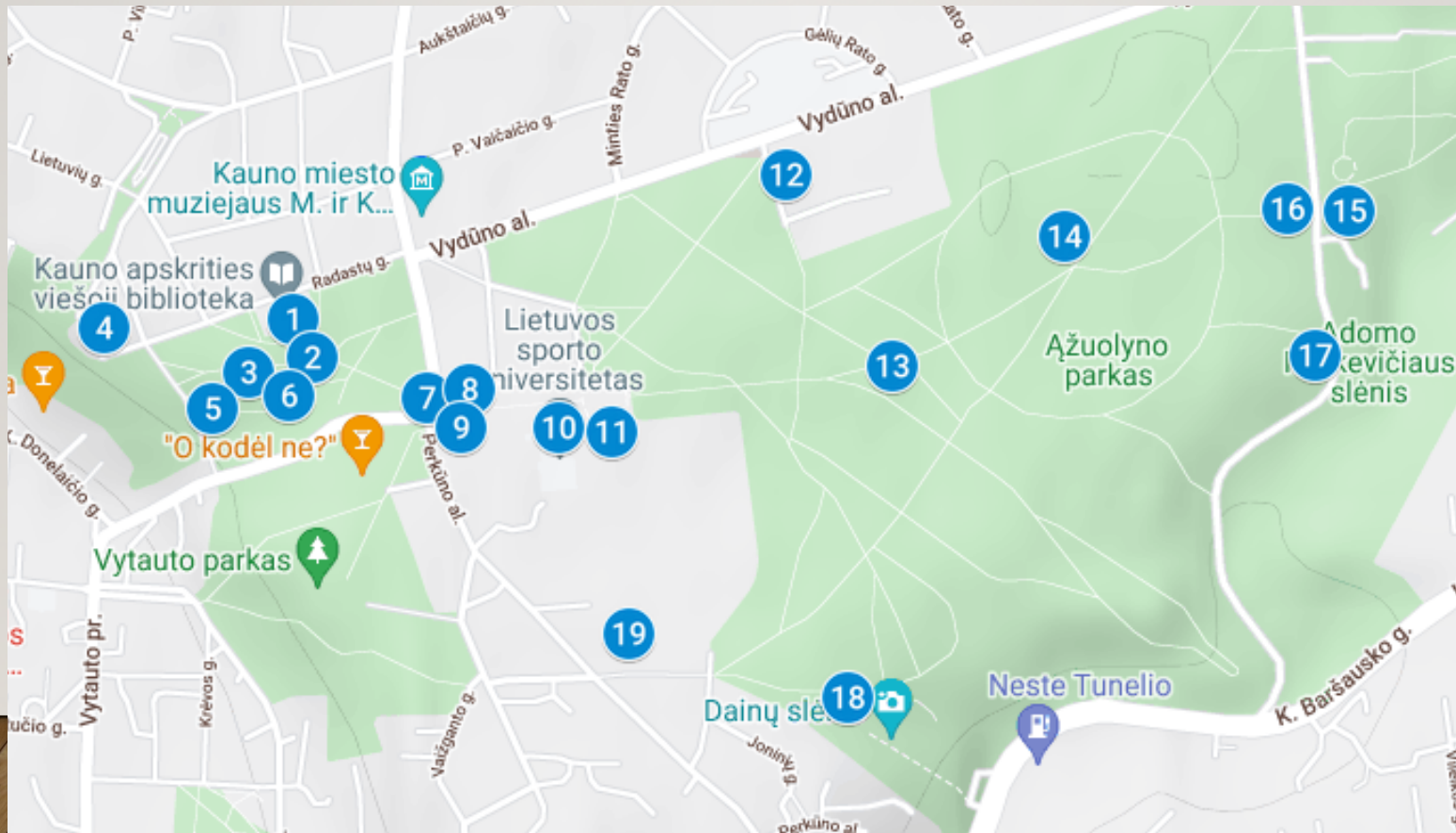
EXPLORATIONS & GROUP ACTIVITIES FOR ADULT GROUPS ON THE LOCAL 'GREEN WAY'

- THE OAK GROVE ROUTE
- 2 routes: Natural Green Way & Historic Green Way



WHAT IS THE LENGTH OF THE ROUTE?

- Both of the routes will be around 3 km long



WHEN WILL THE EXPLORATORY & CREATIVE ACTIVITIES OCCUR?
WILL IT BE A SINGLE ACTIVITY OR MULTIPLE?

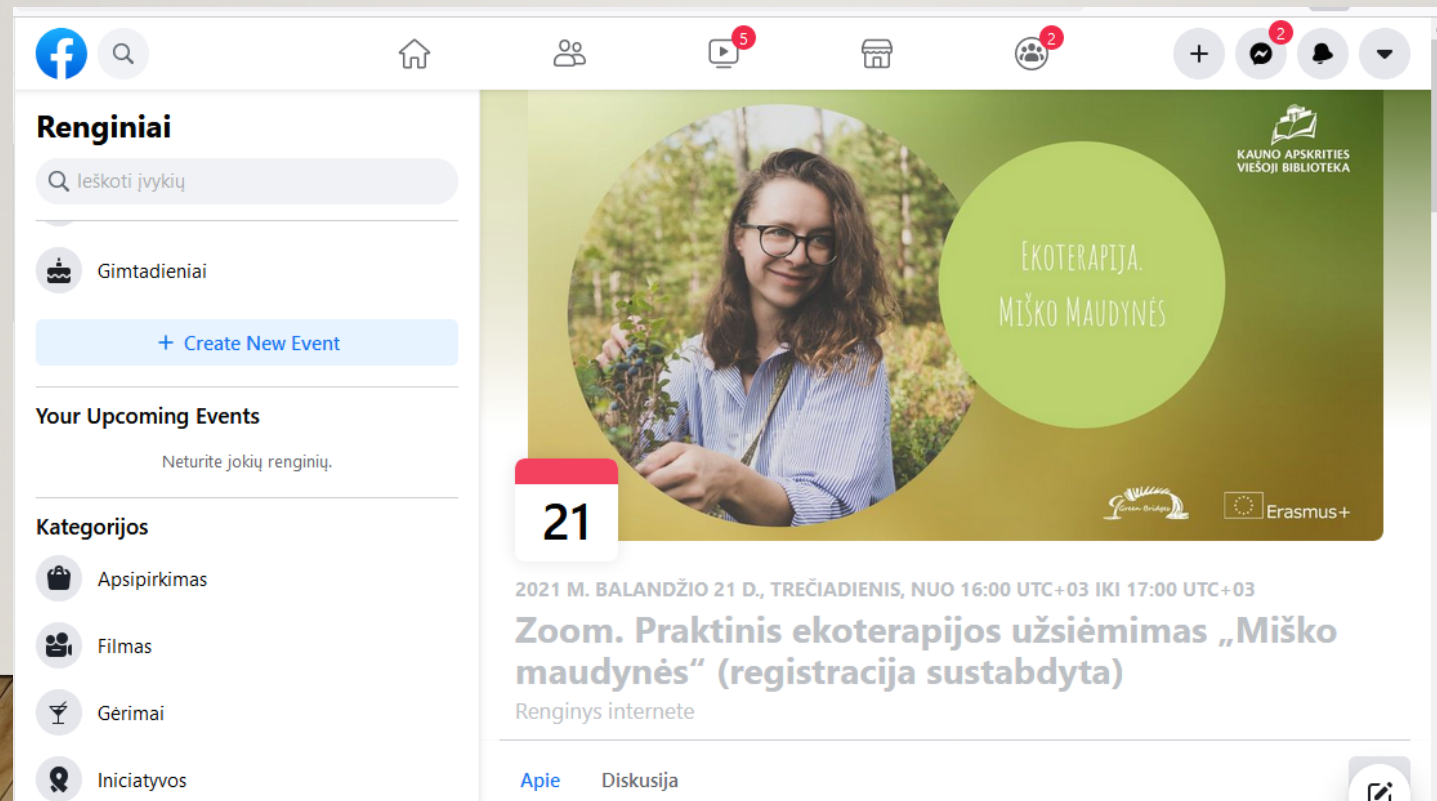
- The exploratory & creative activity *The Oak Grove bathing* is planned this summer (July-August).
- It will be single activity.

FOR WHOM (WHAT GROUP OF ADULTS) WILL THE EXPLORATORY WALK OCCUR

- It will be a forest bathing session for a group of people who will pre-register themselves. The invitation will be public
- The session will be led by a certified forest bathing guide
- The size of the group – 20 people

WHAT MARKETING/PUBLICITY WILL BE USED? HOW WILL PARTICIPANTS FOR THE EXPLORATION BE RECRUITED?

- The invitation and registration for the session will be made public on the library's social networks



WHAT PREPARATORY ACTIONS WILL THERE BE?

WHAT ASSESSMENT PROCESSES WILL THERE BE?

- Preparation: after registration participants will be informed what to bring for the session: a drinking water bottle, clothes appropriate for the weather conditions (for e.g. a rain jacket) and outdoor activities (for e.g. a pair of trainers, sunglasses), a mosquito repellent.
- Assessment: discussion with the participants about the activity after the session.

WHAT FOLLOW-UP ACTIONS ARE BEING PLANNED?

WILL THE EXPLORATIONS AND CREATIVE ACTIVITIES BE USED AS A WAY OF INCREASING INVOLVEMENT IN THE AGENCY OR INSTITUTION?

- After registration participants will be informed what to bring for the session: a drinking water bottle, clothes appropriate for the weather conditions (for e.g. a rain jacket) and outdoor activities (for e.g. a pair of trainers, sunglasses), a mosquito repellent.

WHAT FOLLOW-UP ACTIONS ARE BEING PLANNED?

WILL THE EXPLORATIONS AND CREATIVE ACTIVITIES BE USED AS A WAY OF INCREASING INVOLVEMENT IN THE AGENCY OR INSTITUTION?

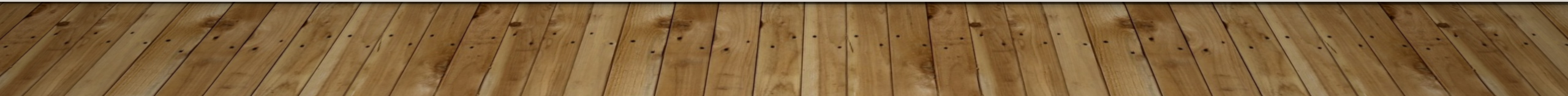
-
- We are planning to spread the information about the publicly accessible Green way routes in order to attract people to come and visit the Oak Grove. We hope that explorations will increase involvement in the activities organized by Kaunas County Public Library.

PLEASE PROVIDE YOUR LOCAL SCHEDULE FOR COMPLETION OF EACH OF THE 7 TANGIBLE OUTPUTS

- O1. A publicly accessible 'Green Way' - Late August
- O2. A publicly usable map of the route Late August
- O3. Images & information - Done
- O4. Best Practice Guide ?
- O5. Creative environmentally related educational Activities on/associated with the Green Way - Late August
- O6. Demonstrable practical skills (thus tangible) ?
- O7. Stories related to the Green Bridges theme - Late August

PLEASE PROVIDE A LIST AND DESCRIPTION OF ALL EXTERNAL AGENCIES / INDIVIDUAL/REPRESENTATIVES CONTACTED DURING THE PROJECT

- Giedražolė - Folk artist Gintvile Giedraitienė (workshop - sculptures from herbs/grass)
- „Anthropos.lt“ - Association of Applied Anthropology (workshops/discussions about food and nature)
- Mila Monk - Forest therapy guide, Forest Therapy and Education Center (lectures)
- Aistė Virkėtė - Public Institution „Mes žydime“ - social, educational and ecological health services (workshops and lectures)
- Marius Lasinskas - Pharmacist, herbalist, author of the book "Children in the World of Herbs" (meeting and book presentation)
- Lina Kukyte - Forest bathing educator (lectures)



Delivery Plans: June Presentations

Purpose

Q1. Name(s) & organisation

Suomi

Tu
i

Explorations & group activities for adult groups on the local 'Green Way'



Q2. Where (name of trail or origin & destination) & what is the length of the route?

The trail is called Ritajärvi and it is part of the Ritajärvi Nature Reserve. The route is 2,3-8,8 kilometres. Please see:

https://www.sastamala.fi/sastamala/liitetiedostot/editori_materiaali/38195.pdf?name=Ritaja%CC%88rven_kartta_tasta_linkista

<https://www.youtube.com/watch?v=jWEOHJfrHms>

Video with English subtitles: <https://www.youtube.com/watch?v=L-LDgJNIG3Q>



Q3. When will the exploratory & creative activities occur? Will it be a single activity or multiple?

Single activity taking place 28.8.2021

Q4. For whom (what group of adults) will the exploratory walk occur: A public event? Or a privately organised group? (by invitation or specific interest such as ecology or heritage) Or both? Will there be members of other interested agencies, associations & local authorities being invited to experience and support/share the work? We should not underestimate the value of a quality Green Way Trail & associated events. The impact may be long term: One of Pathways' members has recently used an activity experienced on a partnership visit... 3 years after the event At least 2 members of the present partnership have had their ideas and activities (created in previous projects), used by other associations. The Lithuanian Apple Cheese recipe continues to be the most popular hit on the Arboreal Futures web site with recent hits from Sweden, Germany, USA, Australia, UK, New Zealand (all in May 2021)

The event is open to the general public, but at the same time it is an organised event - organised by Sastamalan Opisto.

Q5. What will be the group size? The larger the group, the less the individual impact. A very small group, if composed of specialists in a subject (specific flora or fauna, or heritage) may have more effective interpersonal dynamic.

4-15 participants. The event focuses on specific flora and fauna typical for the area and it supports local heritage as the participants or anyone using the trail can gather medicinal herbs and plants while diving into the forest.

Q6. What marketing/publicity will be used? How will participants for the exploration be recruited?

Marketing via college brochure - distributed into 25.000 homes and households + Facebook, Instagram and Twitter posts + college website.

Q7. What preparatory actions will there be? (eg health and safety/ insurance for staff/participants etc)

Anyone over 16 years of age have personal insurance and the staff are insured by the City of Sastamala.

Q8. What assessment processes will there be? These are important as they should assist organisers in developing their work in a positive manner.

Each participant will give feedback of the experience. This information will be collected into Forms and thus converted into digital form.

Q9. What follow-up actions are being planned? Will the explorations and creative activities be used as a way of increasing involvement in the agency or institution?

Absolutely yes, the event will act as gateway to the college even to those people, who have not taken part in college activities prior to this.

Partner plans & schedules for "Completion of work & presentation of tangible outputs (including single summary document)"

Q10. There are 7 Tangible results/Outputs.<https://greenbridgesproject.org/the-tangible-results/Partners> are at different stages in the development of their resultsPlease provide your local schedule for completion of each of the 7 Tangible Outputs.Please express the schedule in broad monthly terms with a month divided into 3 partsEarly: 1st - 10thMid:11th - 20thLate: 20th - end

The remaining tangible results will be completed by mid August, mid September and mid October 2021.

Collated list of existing external links and contacts ('dissemination')

Q11. Please provide a list and description of all external agencies / individual/representatives contacted during the project.Please include their response.Please add other agencies that will be contacted during the final months of the project.



The dissemination plan is as follows: introducing the project and project outcomes in staff meetings, seminars and conferences. The institution Instagram and Facebook community page will announce the project and its outputs regularly, as done so far. The information is available to anyone visiting the college website; students, stakeholders and Sastamala City employees. Press release will be used at the end of the project to make formal announcements to the local press as well as the Finnish Lifelong Learning web publication called Ainamedia <https://ainamedia.fi/> The printed college brochure is distributed to 25.000 houses twice a year. Sastamalan Opisto has the possibility to reach out to a network of adult educators via KoL; The Finnish Association of Adult Education (member of EAEA and ICAE). The College Principal Sini-Mari Lepistö is an executive board member at KoL <https://kansalaisopistojenliitto.fi/yhteystiedot/in-english/>



Activities on the Green Line

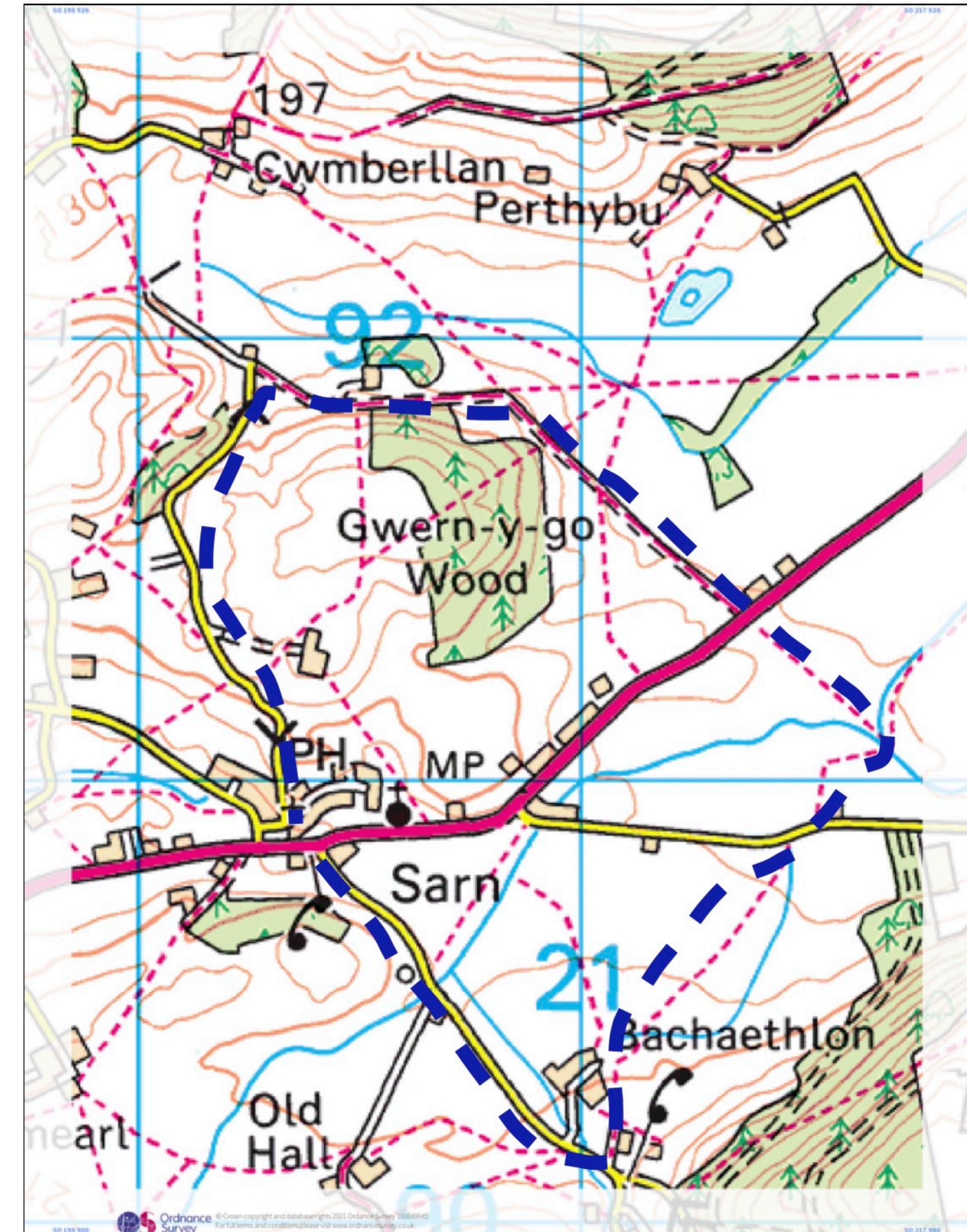
The Sarn Oaks





**Where (name of trail or origin & destination)
what is the length of the route?**

**Sarn Oaks Trail
4+ kms**





- For whom (what group of adults) will the exploratory walk occur:

- Residents & visitors

increasing numbers using the route from local communities.

Visitors staying locally have increased.

Most interested in exploring nature & environment. Publicity leaflets will assist.

Users of route asked to observe, contribute comments & photographs



Aim:
engage local interest (especially the farming community) on the impact of humanity on the environment.

Plan, evolved during the pandemic

- walks for interested locals. Informal & initially with individuals & small groups.

The 'Green Way'

- a means of providing insight into landscape analysis & environmental impact of human activity.



- When will the exploratory & creative activities occur?
- Will it be a single activity or multiple?

An evolving serendipitous process.

Proposals:

Summer 2021: small scale guided tours of the route & ***associated areas.***

First event: 2nd July

- local residents

guiding & explaining

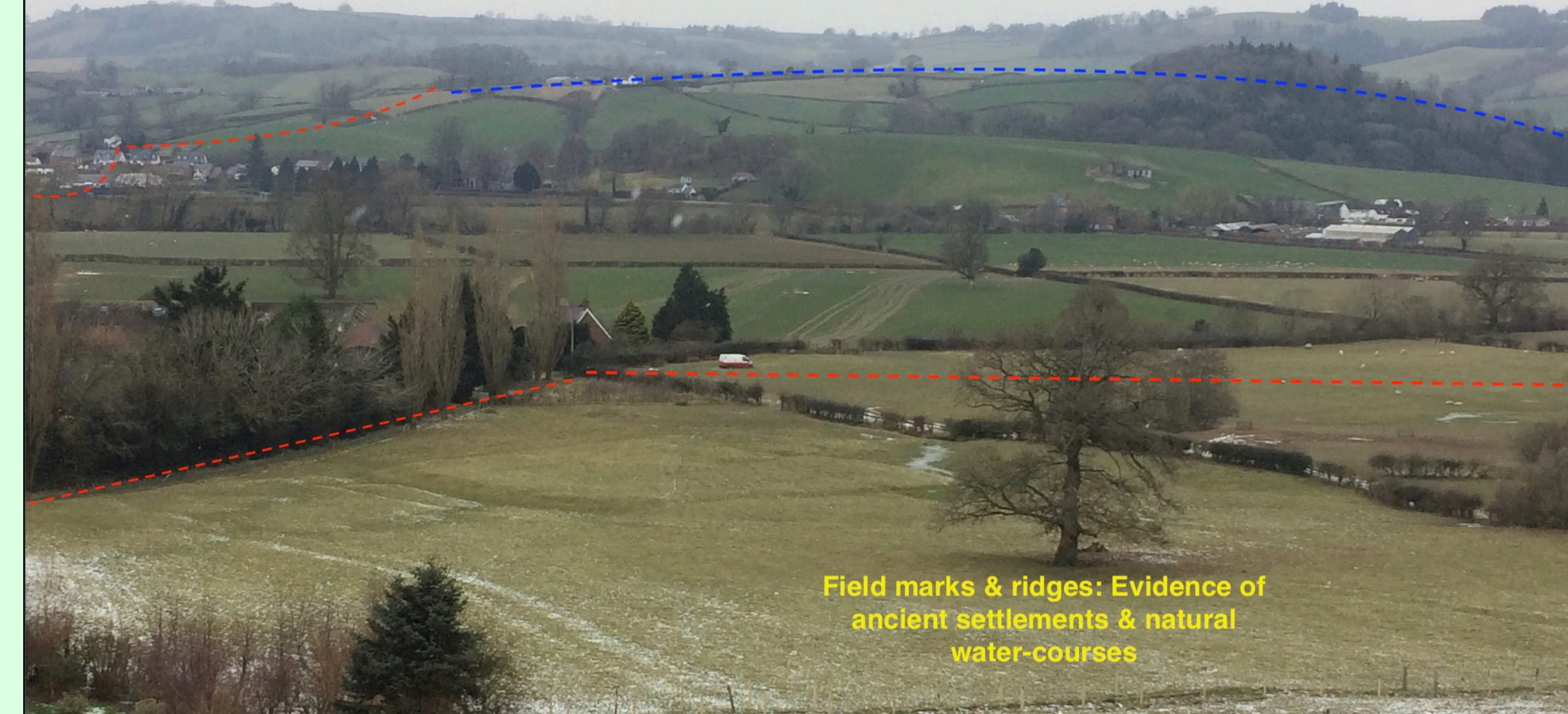
- features that have created the human controlled environment
(boundaries, water-courses, drainage systems)

- surviving natural features (trees, natural springs & pools, rocks)

Mid August: by arrangement/negotiation

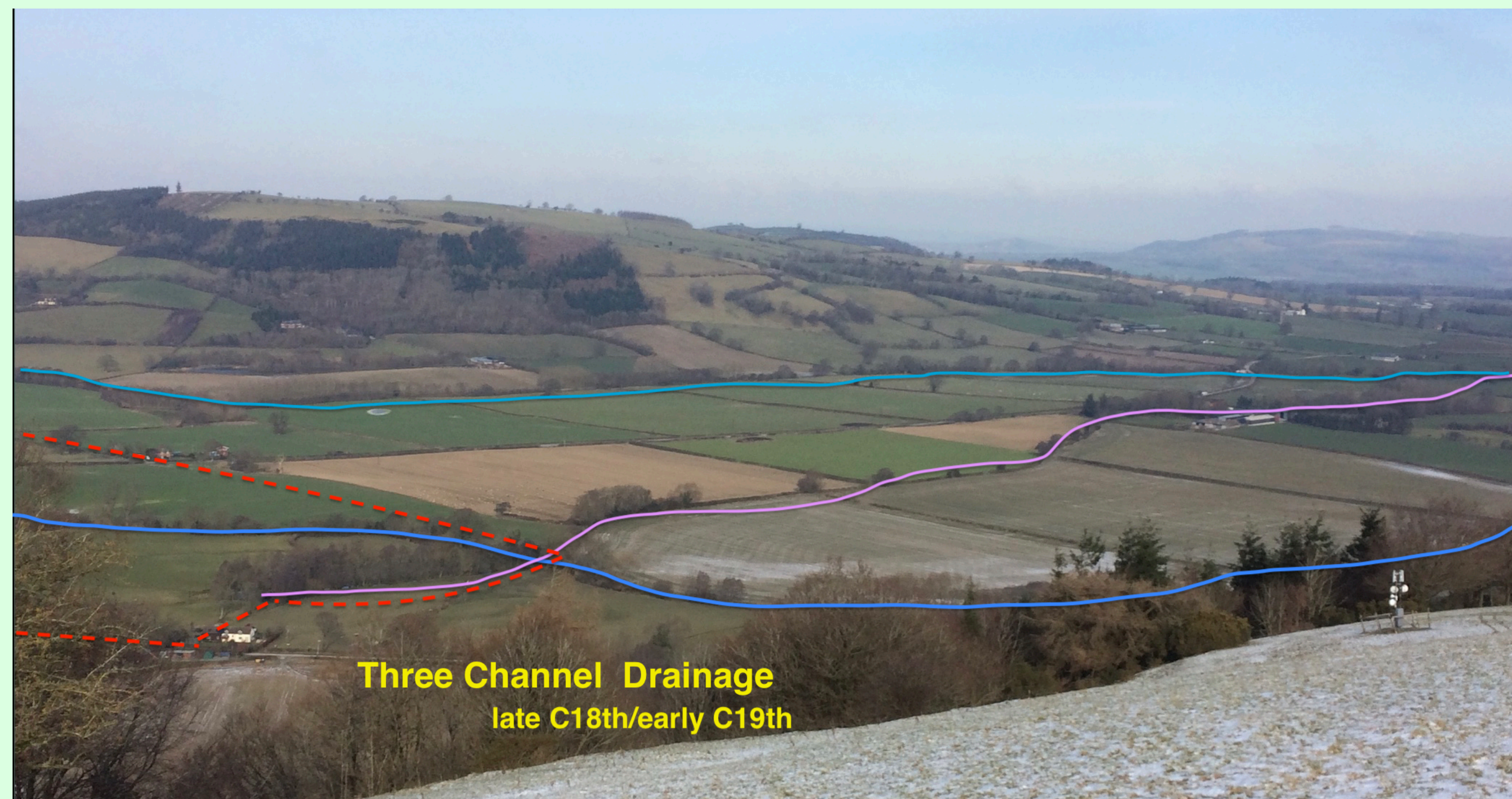
September/October: Musical Perambulation





The landscape features that are the focus of the route & route guide can be 'overviewed' from the surrounding hills.

It has been possible to include other routes all of which provide angles and overviews of the valley & Green Way. Many of these are on private land which farmers have given permission for small organised groups to use.



- What will be the group size?
- Emphasis is 'growing' interest and understanding with individuals as well as, eventually, groups.
- Maximum 12 people (Dogs leashed & only by prior arrangement)



Measuring an 800 year old Oak Tree

- What marketing/publicity will be used?
- How will participants for the exploration be recruited?
- Local community: Invitation by direct 'word-of-mouth' contact & neighbours
- Visitors: leaflets with local accommodation providers



- What preparatory actions will there be? (eg health and safety/insurance for staff/participants etc)
- Risk Assessment one week prior to walk. All participants advised
- Equipment list (clothing, footwear etc appropriate to season)
- Detailed instructions at assembly point (Country Code etc)
- Front and back markers en route
- 3rd party insurance provided through Pathways

- What assessment processes will there be?
- These are important as they should assist organisers in developing their work in a positive manner.

- Before walk: expectations sheet (possibly sent out with instructions`)
- During walk: Reflective questioning
- End of walk: Social event with informal (but staff noted) discussion. If larger group then a sheet of questions regarding the quality of the activity.

- What follow-up actions are being planned?
- Will the explorations and creative activities be used as a way of increasing involvement in the agency or institution?

- **Locally:**

- the gradual approach with the long term aim of engaging with the farming community
- Discussion with County Council (landowners) regarding the farming processes & potential for greater environmental sensitivity



- **Wider:**

- Acquisition of 'Open Hill' & Woodland for development as a partial Re-Wilding development with neighbouring owners & local community (Southern Scotland)
- Project managed by a director of Pathways

Completion of work & presentation of tangible outputs (including single summary document)

Route is fixed. Outline map available. Information leaflet in draft form. Other aspects, limited action. August/early-September is the intention.

Collated list of existing external links and contacts ('dissemination')

Several local experts (some are existing associates)

Montgomery Wildlife Trust

Forest School links in UK & USA

Scottish Forestry

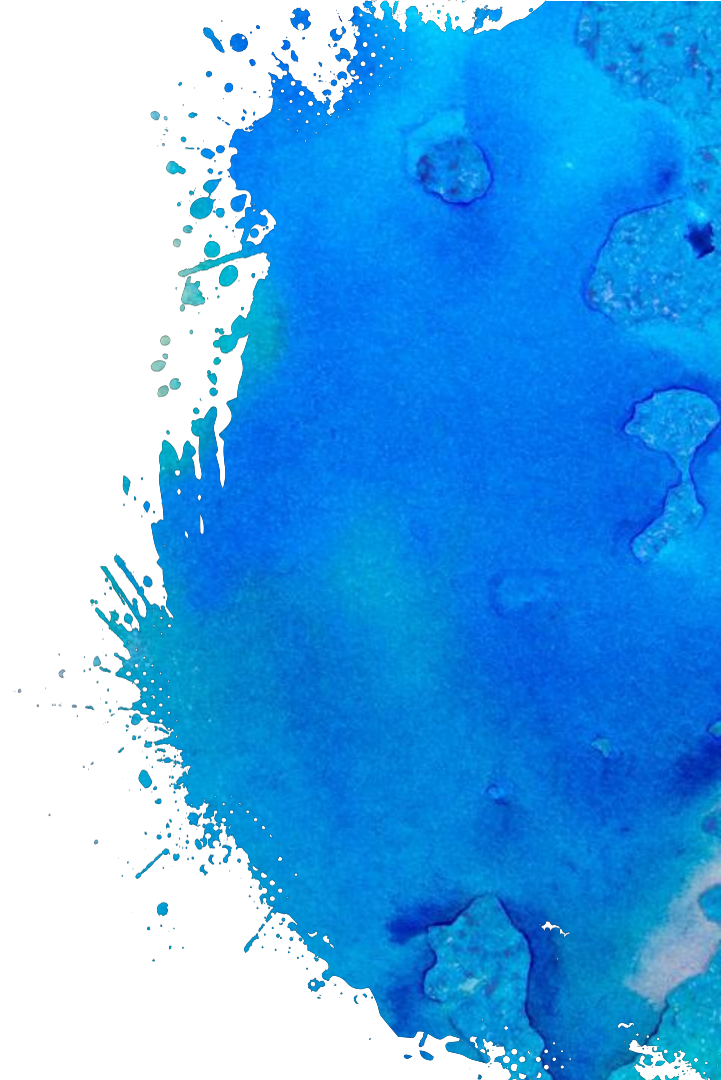
<https://www.rewildingbritain.org.uk>

<https://rewildingeurope.com> (Making Europe A Wilder Place: a new approach to nature conservation)



The Valley of the Water Mills

ICRE June Presentation





2. Where (name of trail or origin & destination)

The Valley of the Water Mills



& what is the length of the route?

The length is about 4 km

A light blue watercolor splash with a rough, torn edge, located behind the first question.


3. When will the exploratory & creative activities occur?

From March to October

A light blue watercolor splash with a rough, torn edge, located behind the second question.

Will it be a single activity or multiple?

It will be a multiple activity



4. For whom (what group of adults) will the exploratory walk occur?

Both. Our goal is to reach as many people as possible and include them in our activities to promote cultural heritage and raise environmental awareness. Some WWF members will support and help us to achieve the objective




5. What will be the group size?

Small groups, 15 or fewer. Small groups also reduces the physical impact to the environment



6. What marketing/publicity will be used?
How will participants for the exploration be recruited?

Free forms of promotion such as Social media (ICRE Facebook Page) and word of mouth



7. What preparatory actions will there be?
(eg health and safety/insurance for
staff/participants etc)

*Essential safety rules and tips to follow
before and during the walk*




8. *What assessment processes will there be?*

A visit evaluation form



9. What follow-up actions are being planned?

We don't have a follow-up strategy yet



Will the explorations and creative activities be used as a way of increasing involvement in the agency or institution?

Sure, all the interested people are invited to join and help us



10. 7 Tangible results/Outputs

O1. A publicly accessible 'Green Way': January - Early: finding the right spot for the Green Bridges route; Mid: consultation with the municipality's advisors; Late: final choice: a site of both natural and cultural importance.

O2. A publicly usable map of the route: February - Early: collect photos and information; Mid: map design; Late: review and completion.


O3. Images & information: March - Early: define new content; Mid: new leaflet design; Late: review and first translation.

O4. Best Practice Guide: This is still in preparation & partner's will cooperate to create an agreed 'whole partnership' version

O5. Creative environmentally related educational activities on/associated with the Green Way: April - Early: gathering information and initial ideas; Mid: 3 examples of creative activities; Late: final idea: one creative activity explained in detail.

O6. Demonstrable practical skills (thus tangible): This will be a partnership focus towards the end of the project

O7. Stories related to the Green Bridges theme. Stories of Environmentalists : May - Early: asking our "street naturalist" for an interview; Mid: preparation plan; Late: final interview.



11. Please provide a list and description of all external agencies /individual/representatives contacted during the project.

- Pino Paolillo, WWF Calabria -
<https://www.wwf.it/calabria/>

- Spilinga municipality - <http://www.comune.spilinga.vv.it/>

- Associazione Valentia -
<https://www.associazionevalentia.it/>

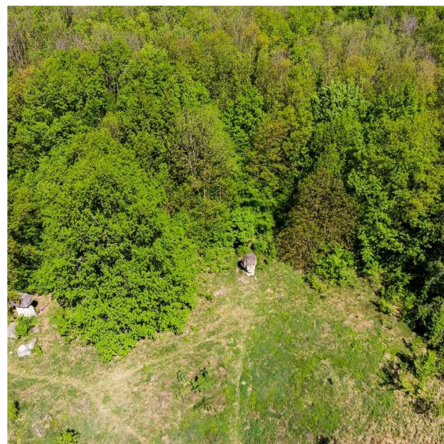
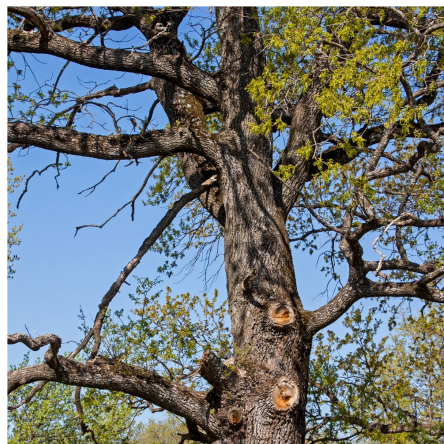
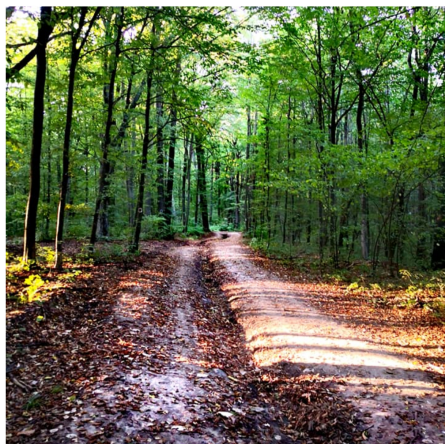
They all had a positive response to the project.

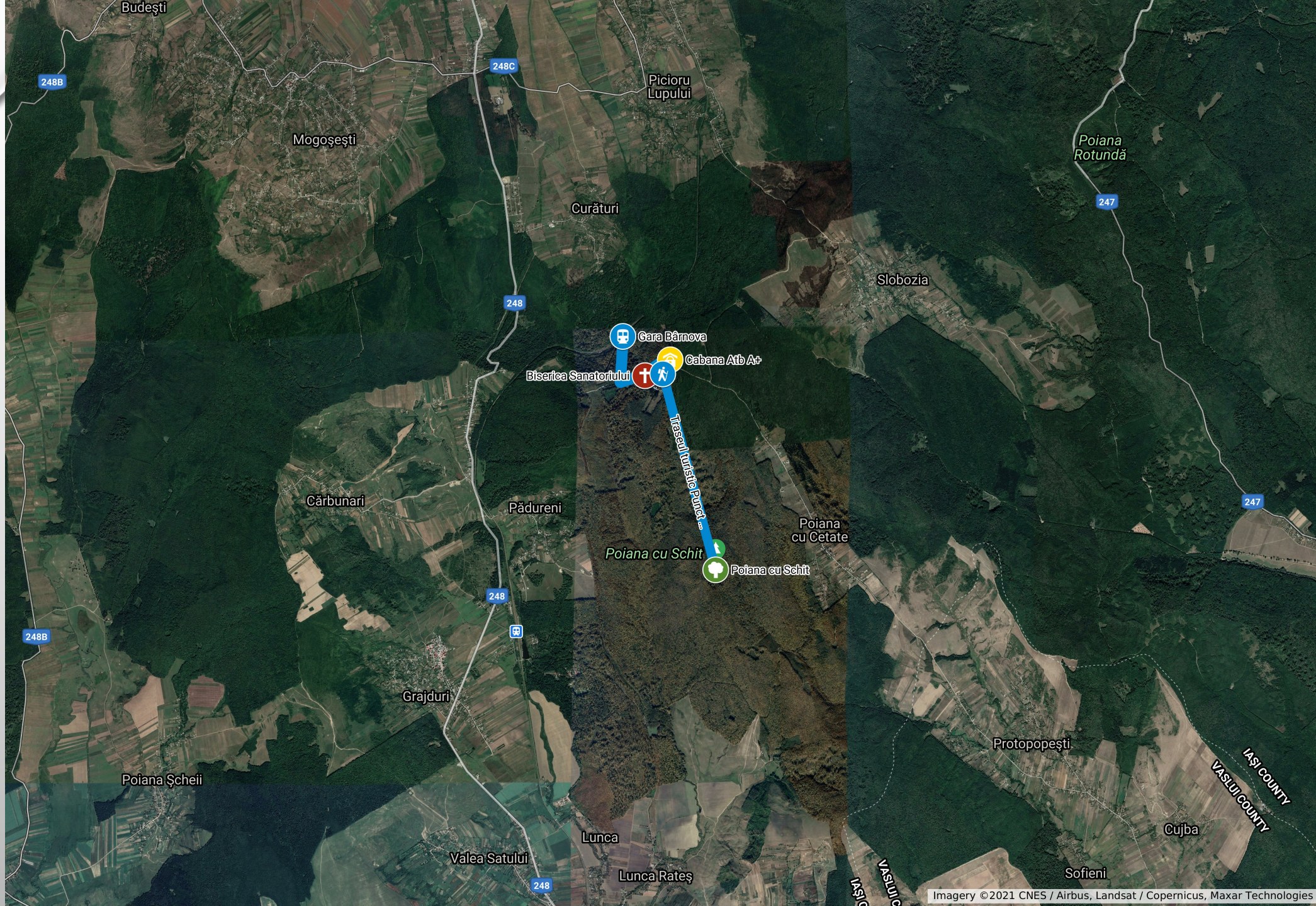
ACTIVITIES ON THE GREEN WAY

GLADE WITH HERMITAGE

Co-funded by the
Erasmus+ Programme
of the European Union







- 
- Where (name of trail or origin & destination)

Gara Bârnova - Poiana cu Schit

- What is the length of the route?

6 km






When will the exploratory & creative activities occur?

- Local community groups: by agreement during year

Will it be a single activity or multiple?

- Tourist visitors as group or individually: spring/summer/
autumn
- 



For whom (what group of adults) will the exploratory walk occur:

Local Community groups

- Tourist visitors
 - Both public event and privately organised group, upon request
- 



What will be the group size?

Maximum 25.



What marketing/publicity will be used?

Social Media, distribution of the project's website,
the website page of our association

What marketing/publicity will be used?

Social Media, distribution of the project's website, the website page of our association, leaflets

How will participants for the exploration be recruited?

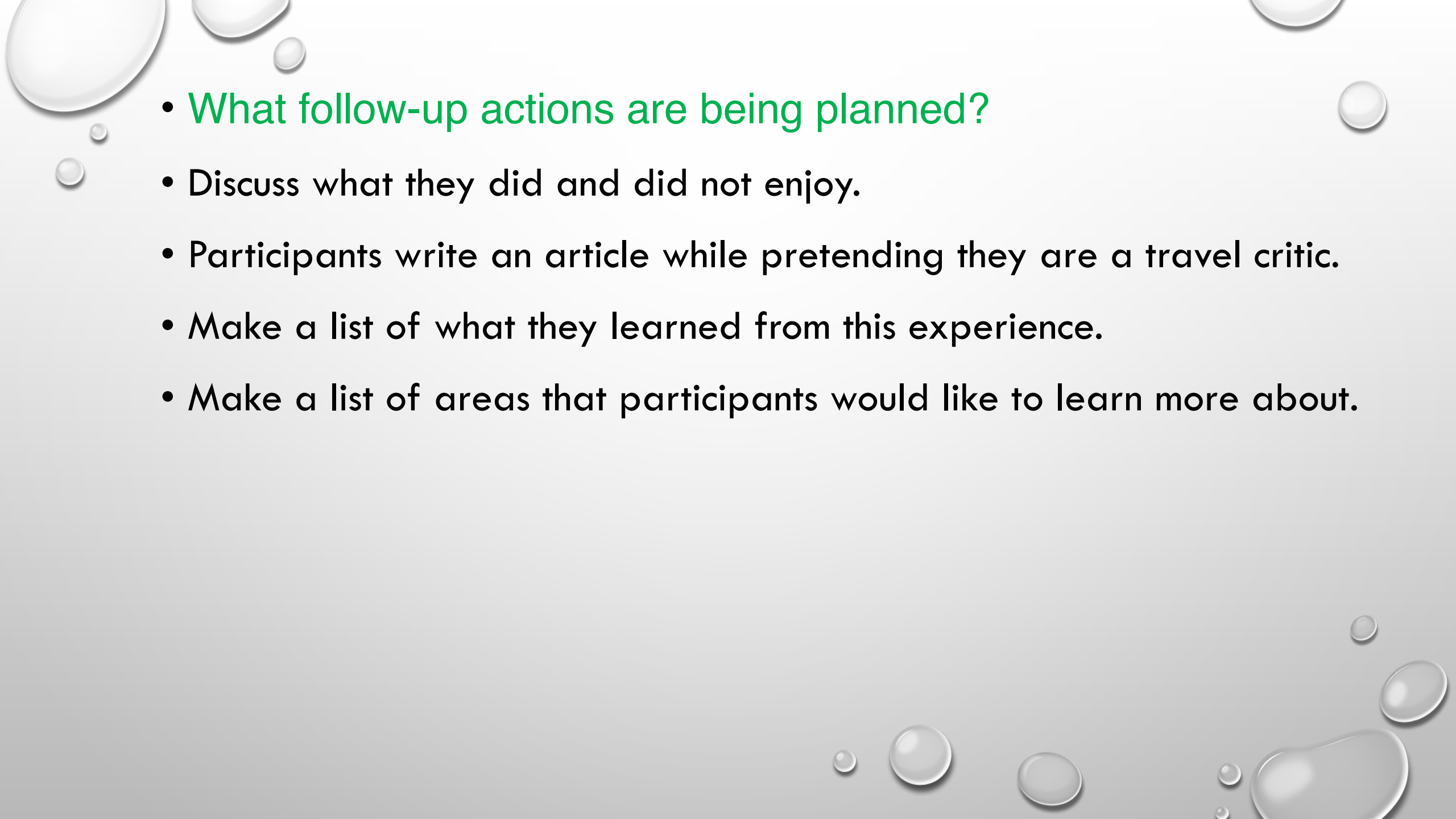
The participants shall register with events especially created and distributed via ASIE's Facebook page or other eco-friendly groups with more than 20 000 members.

- What preparatory actions will there be? (e.g. health and safety/insurance for staff/participants etc.)

Of course, everything needed according to the Best Practice Guide and the recommendations of the Forestry Department where the Green Line is.

What assessment processes will there be?

Post event feedback Google form

- 
- What follow-up actions are being planned?
 - Discuss what they did and did not enjoy.
 - Participants write an article while pretending they are a travel critic.
 - Make a list of what they learned from this experience.
 - Make a list of areas that participants would like to learn more about.

- Partner plans & schedules for "Completion of work & presentation of tangible outputs (including single summary document),"
- ASIE members and volunteers have completed almost all the outputs.
- Collated list of existing external links and contacts ('dissemination')
- Codrii Iasilor - Facebook public group, followed by 20.485 people <https://www.facebook.com/codrii.iasilor>
- Codrii Iasilor, - cunoaștem, prețuim, păstrăm private group, 14.400 members, created by Mihai Diac, a nature lover and defender <https://www.facebook.com/groups/codrii.iasilor>
- Fundatia Academica IF 2000 - www.poianacuschit.ro, institution behind the website that promotes Glade with Hermitage, our Green Line
- Greenpeace Romania